

MenopauseIQ

FertilityIQ has devoted a decade to helping people walk through family building challenges and reproductive health issues. Now we're offering MenopauseIQ to support you through perimenopause, menopause, and post-menopause.



We are setting out—with the foremost experts on menopause—to empower the next generation to take control of their bodies and reproductive health because:

- 75% of OBGYNs were not educated on menopause in medical school
- 75% of people who seek help for menopause don't receive it
- 50% of the population will go through menopause and experience the effects for up to half of their lives
- 40% say that menopause interferes with their job weekly
- 20% of the workforce are impacted by it



MenopauseIQ Courses

- Overview of Perimenopause & Menopause
- Vasomotor Symptoms & Hot Flashes
- The Menopause Transition: Life at Work & Home
- Genitourinary Syndrome of Menopause
- Sexual Health in Menopause
- Hormone Therapy for Menopause
- Osteoporosis & Menopause
- Menopause Allyship at Work & Home
- The Brain & Menopause: Depression, Mood, Sleep, Cognition
- Adjusting Lifestyle for Long Term Menopause Risks
- Additional Considerations for Transmasculine People
- Menopause for UK Patients
- Menopause for Patients in France - La ménopause pour les femmes en France
- Menopause for Patients in Turkey - Türkiye'deki Hastalar için Menopoz

MenopauseIQ—the most experienced, knowledgeable, respected experts in the field of Menopause from the platform you already trust with your education.

Unlock your company provided membership:
spglobal.fertilityiq.com — confirmation code: Wellness