



Dr. Yashika Dooley  
OB/GYN at Gennev

# Virtual Menopause Care

covered by Aetna



## Welcome to Gennev

We are one of the nation's largest virtual menopause clinics led by board-certified OB/GYNs and Registered Dietitian Nutritionists.

Our integrated care model has proven to relieve symptoms and improve quality of life. Personalized care plans include FDA-approved and evidence-based treatments like HRT, prescription medication, nutrition recommendations and lifestyle changes that are based upon your individual needs.

### Gennev's providers see patients in all 50 states, offering:

-  Telehealth appointments with menopause-trained providers
-  Appointment availability with board-certified OB/GYNs in 2 days
-  FDA-Approved treatments like HRT to improve quality of life
-  Lifestyle & behavioral change support for nutrition, weight, sleep, mood and mindfulness



### Our patients receive proven treatments.

-  Prescription medications such as hormone replacement therapy (HRT) or FDA-approved non-hormonal medications to manage hot flashes, painful sex, fatigue and trouble sleeping.
-  Lifestyle guidance and coaching for nutrition, fitness, sleep and mindfulness to manage weight changes, mood swings, brain fog and joint pain.
-  Mental health therapy and medication that addresses anxiety, mood swings and depression common in menopause.

**89** percent of patients report symptom relief after their 1st visit.



Dr. Rebecca Dunsmoor-Su  
Chief Medical Officer,  
Gennev

## The journey is simple. It starts with Gennev.

Visit [www.gennev.com/aetna](http://www.gennev.com/aetna)  
to create your secure account and  
book your telehealth appointment  
with a Gennev provider.



Finally. Menopause care that  
treats **the whole you.**

### Board-Certified OB/GYNs

Our doctors are board-certified OB/GYNs with years of experience supporting their patients through menopause and midlife. Many of them have additional certifications to provide specialty menopause care.

### Registered Dietitian Nutritionists

Our Registered Dietitian Nutritionists guide women to create plans and set goals for nutrition, weight, fitness, sleep, mindfulness, and stress management. All Gennev RDNs have training and experience working with women in menopause. They follow Gennev protocols, and work in lockstep with our doctors.

Learn more about what's covered  
by your Aetna health plan:



For more information or to  
book a visit by phone:

Contact our Care Team by calling  
**(206) 895-4292**

or email  
[support@gennev.com](mailto:support@gennev.com)

 [www.gennev.com/](http://www.gennev.com/)

  
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